



ICSD2015 Post Conference Workshop 1  
**Community-based Strategies for reaching out to Caregivers**  
10 July 2015, 2:30pm - 4:30pm

**Synopsis:**

With the rapid ageing of Singapore's population, and the emphasis on ageing-in-place, the key to sustaining 'silver' caregivers is through effective, affordable and efficient community-based strategies supported by the public, private and people sectors. These strategies could range from telemedicine, sensors, counseling, befriending, carer support groups, home nursing and home therapy, in-home assistive devices on rental, and regular visits by therapists. Technology and person-centred services need to complement each other for the best results. Palliative and dementia care are more specialized services which are being developed at the community level in Singapore. A panel of expert speakers will address these issues and provide some concrete solutions based on their own research and experiences.

**Speakers:**

**Prof David Lindeman**, the Director of Health at the University of California Center for Information Technology Research in the Interest of Society (CITRIS) and Director of the Center for Technology and Aging (CTA).

**Ms Peh Kim Choo**, AD, Counselling and Social Work Practice, Care management and EPICC Tsao Foundation, Singapore.

**Dr Lydia Seong**, CEO of Leukaemia and Lymphoma Foundation, Singapore.

**Tentative Programme:**

- 2.30 pm Welcome remarks
- 2.40 pm Prof David Lindeman's presentation
- 3.10 pm Dr Lydia Seong's presentation
- 3.30 pm Tea break
- 4.00 pm Ms Peh Kim Choo's presentation
- 4.20 pm Q & A
- 4.30 pm The End

**Fee:** \$50/- per pax (free for conference delegates)

Attendants please sign up in advance by email to [icsd2015@unisim.edu.sg](mailto:icsd2015@unisim.edu.sg) and put "Workshop 1" in your subject line.

**Seminar Organiser:** Associate Professor Kalyani Mehta

**Co-organiser:** Singapore Silver Caregivers Co-operative Limited (SCCL)

## A Short Biography of David A. Lindeman



David Lindeman, Ph.D., is the Director of Health at the University of California Center for Information Technology Research in the Interest of Society (CITRIS) and Director of the Center for Technology and Aging (CTA).

He also serves as Co-Director of the Aetna Foundation Center for Digital Innovation for Vulnerable Populations at the Public Health Institute and is an advisor to foundations, government agencies, businesses, and venture capital firms. Dr. Lindeman has worked in the field of aging and long-term care for over 30 years as a health services researcher and administrator, focusing on health care technology, chronic disease, and healthy aging. He has conducted research on family caregiving, long-term supportive services, cognitive health and dementia, community-based and residential services, the long-term care work force, and health care policy. Dr. Lindeman's current research focus is on the incubation, start-up, and scaling of transformative technology-enabled interventions that tackle critical health care challenges in improving access and quality of care while reducing costs.

The CITRIS Health program is a multidisciplinary research collaboratory at UC Berkeley, UC Davis, UC Merced, and UC Santa Cruz that develops information technology solutions through the interface of hardware and software. CITRIS researchers focus on mobile health, apps, and gamification; sensors; telehealth; and big data and data analytics. These technology-enabled solutions cover a continuum of health care and aging issues, ranging from wellness to complex chronic conditions. The CITRIS innovation ecosystem addresses some of the most pressing challenges in health care through its incubator, innovation labs, nanofabrication lab, and Center for Health and Technology. Through public/private partnerships CITRIS is a leader in translating research into practice. CITRIS serves as a hub for US and international partnerships between universities, governments and businesses to advance scalable and sustainable health technology solutions.