

# Visit to Community on Successful Ageing at Whampoa

Date: 10 July 2015, Friday

Time: 9:15am-12:30pm

Seat: 40 PAX, first-come, first-served

Fee: free of charge for ICSD2015  
registered attendants

- ❖ This is one of the four field visits on Day 4 of the ICSD2015 International Symposium.
- ❖ Conference attendants may choose one and only one to join.
- ❖ Gathering 15 minutes prior to departure, at registration counter at G/F Block D, SIM University.
- ❖ Free bus shuttle is provided



Raising the Dragon –  
Whampoa's iconic dragon at 85 Whampoa Drive

**The Community for Successful Ageing (ComSA)** is Tsao Foundation's latest groundbreaking project: a community-wide approach to forge an integrated system of comprehensive programmes and services with the aim to promote health and wellbeing over the life course, and to enable ageing in place. The project works very closely with 'City for All Ages@Whampoa', a grassroots initiative of the Ageing Planning Office.

Underpinning ComSA is the understanding that health is not just a biophysical issue but necessarily includes psychological, emotional and spiritual wellness, and that, a person, along the course of his life, needs to be recognised as much for his continuing potential as much as for his past contributions, and thrives in the loam of social connectedness, while isolation, loneliness and boredom - the three plagues that commonly beset older people - thwart the best attempts of medical care. Hence, there are compelling reasons to create a new comprehensive system that pulls together multiple services, disciplines, branches of policymaking including urban planning, private enterprise and importantly, civic participation, to build environments where people thrive as they age.

The field visit to ComSA will involve a visit and walk about in the Whampoa neighbourhood as well as a sharing session by the ComSA team of Tsao Foundation and the Whampoa grassroots of the 'City for All Ages'.



The 19th International Symposium of the  
International Consortium for Social Development

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Co-hosted by:

Tsao Foundation  
&

City for All Ages Project @ Whampao

